

IMPACT REPORT DEC 20/ JAN 21

A LETTER FROM THE GM

Hari tau hou koutou kātoa! I hope everyone had a great break that was clearly well deserved across Aotearoa.

The team at our Highbrook branch worked through the holiday period to meet the needs of about 18 of our recipient organisations – the first time this had happened since KiwiHarvest launched. While we had to scale down our food collections for that period, we quickly got back up to full speed in January.

KiwiHarvest (and the issues of food waste and food insecurity) received significant publicity throughout December and January, on the back of the press releases done in conjunction with 3M and HelloFresh following their donations. I hope some will have had the opportunity to see the <u>1 News</u> piece, which aired on the 29th of January. Our Project WHAKARAHI (expansions) will truly hit its straps in February, as the final pieces are put into place with new and larger vehicles.

A new Hyundai truck was recently delivered to our Dunedin Branch, more than doubling our current freight capability for that region – meanwhile the existing Dunedin truck was transferred to our Queenstown Branch to replace the van at this location, again increasing our freight capability. The Queenstown van will under-go a bit of TLC in Auckland before being redeployed to another project.

Our North Shore branch also recently received a new truck from Counties Commercial in Pukekohe. Vince and Kurt at Counties Commercial have been



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very accommodating with our purchase, a few modifications and a fresh new paint job!! These new vehicles will really enable our branches to achieve higher volumes and greater reach.

We are set to build on the success of Project WHAKARAHI with Project A-ROHE, which will see our branches extend their reach into new regions. This has already begun at our Auckland branch, which is now delivering into Taupo on a fortnightly basis. With the support of our sister organisation, the New Zealand Food Network, we are aiming to do the same with our Dunedin and Queenstown branches as well.

Last but not least, we're delighted to be in the final stages of preparation for the launch of our Education Pillar – Programme WHAKA-AKO (to educate). This has been an aspiration of KiwiHarvest for some time to embark on a promotional and education programme that will enable us engage directly with the public through events, presentations, conferences and schools.

With the help of a mobile trailer sponsored by Downtown Auckland Rotary, Countdown and HelloFresh we will be able to launch our programme this month. We are very excited to have this capability and, together with a new line of educational merchandise, we are looking forward to our first events.

Yours Sincerely,

Blandina Diamond, General Manager Date: 01 / 02 / 2021





295,214 kilos of food distributed in Dec 20/Jan 21.

The equivalent of 843,468 meals delivered to whanau in need.







The equivalent to 90 homes' energy use for one year!



KIWIHARVEST IMPACT REPORT

DONOR SPOTLIGHT

MY FOOD BAG

Prior to Christmas we were lucky to have the wonderful team at My Food Bag donate a range of treats they had baked in their development kitchen. Members of the team prepared their favourite recipes and packaged them up into individual cardboard boxes so our recipients could enjoy a variety of treats leading up to the festive season.

My Food Bag wanted to do something special to help bring a bit of cheer to Kiwis in need, especially after such a difficult year, and we couldn't be more grateful - home baking is a real novelty at KiwiHarvest!



Kiri Brausch, My Food Bag





DONOR SPOTLIGHT

HAKANOA DRINKS



Hakanoa Handmade produce award-winning old fashioned ginger beer - just like the good stuff people used to brew at home. We recently received a phone call from their team saying they would like to make a donation to KiwiHarvest, to which we replied a great big YES (of course).

The reason for their donation? A little too much lemon had been added to the last batch resulting in a different (but still delicious) taste. Rather than dispose of the batch, they decided to call it "Lemon Oopsie", and bottled it up for delivery to KiwiHarvest Auckland.

This was an incredible result from what could have been a significant waste of ingredients, time and labour - instead Hakanoa Handmade found a solution to distribute their perfectly delicious product to a good home. Hats off to the team, and a massive thank you for donating to KiwiHarvest.



Peter Gerrard, KiwiHarvest Driver and Ross Cammick, volunteer

BECOME A FOOD DONOR!

With some of our recipients seeing demand for food support more than quadruple due to the impacts of COVID-19, the service we provide has never been more important.

Although we work with over 272 incredible food donors across all our branches, there are always more communities in need.

We currently have a growing waitlist of organisations wanting to become recipients of KiwiHarvest, but unfortunately can only bring them onboard when we have an increase in food supply.



160 cabbages donated by The Wild Fermentary

We collect dry, fresh, and frozen foods, plus cooked and pre-prepared meals, sandwiches, wraps and other "grab and go" meal solutions. Given the perishable nature of the food we collect, we keep deliveries local, so your donations go straight back to your local community groups.

Here are a few examples to show you the variety of generous donations we have received:

- 4 shopping bags worth of food donated by the team at Williams Property Service. Every month their team collect cans to donate to a charity of their choice
- 160 cabbages donated by The Wild Fermentary
- A shopping trolley of food donated by the teachers and students of Remuera Primary School
- 20 boxes of eggs donated by Aoroa Poultry Farm
- 3 pallets of citrus fruits donated by Whangarei Lions club

If you're a food business, producer or grower, we can help you get your surplus food to people in need and away from landfill. Becoming a food donor to KiwiHarvest is easy and we would love to hear from you.

PLEASE GET IN TOUCH TO FIND OUT MORE:

foodrescue@kiwiharvest.org.nz kiwiharvest.org.nz/donate-food/ Or call us on 0800 601 609 360 Tautua, Able, Southern Family Support, Accelerating Aotearoa, Age Concern - Dunedin, AIMHI Alternative Education Consortium, Al Huda Mosque, Altus Enterprises, AN-CAD Bayswater Kaitahi Community Dinner, Anglican Trust for Women and Children (ATWC), Apii Potiki Glen Innes Community Preschool, ASA Foundation, ASST, ATC Vision College East Tamaki, Auckland Dream Centre Community Trust, Auckland Tongan Community Inc., Auckland Women's Centre - Single Mum's Group, Baskets of Blessings Meals, Bathgate Park School, Bay City Church, Bays Youth Community Trust, Beach Haven Primary School, Beachhaven Food Bank, Birkdale Intermediate School, Birkdale North School, Birkdale Primary School, Birkenhead College, Breakfast Club Kids, Brentwood Community Outreach, Brockville Kindergarten, C3 Church North Shore, CAB Glen Innes Foodbank, Camberley Council Flats, Camberley School, CARE Waitakere Foodbank, Carisbrook School, Catholic Social Services - Dunedin, Chuckles Childcare - Hastings, Combined Churches Foodbank, Concord Kindergarten, Corner of Hope Drop In, Cornerstone Baptist Church - East Tamaki, Cornerstone Church - Dunedin, Corstorphine Community Hub, Corstorphine Kindergarten, Cromwell Youth Trust, Crossroads Clubhouse, CYC Waihola, De Paul House, Dunedin City New Life Church, Dunedin Night Shelter, Dunedin North Intermediate School, Ebbett Park School, Eden Campus, Elim Shore, Elim Soup Kitchen - South, Elmgrove School, Emerge Aotearoa, Encounter Hope Foundation, Everybody Eats, Fatamanu Aoga Niue Early Learning Centre, Feed the Streets, Flaxmere Council Flats, Fonua Ola Network, Food Basket, Generation Ignite Trust, Genesis Youth Trust - Glen Innes, Genesis Youth Trust - Mangere, Genesis Youth Trust - Manurewa, Genesis Youth Trust - Papakura, Give a Kid a Blanket, Glen Innes Family Centre, Good Neighbour Tauranga, Grace International - Glen Innes, Greater Green Island Community Group, Green Island School, Halfway Bush Kindergarten, Happiness House, Hastings Central Council Flats, Havelock North Baptist Church, Havelock North Community Group, Havelock North Council Flats, Holy Trinity Foodbank, Irongate School, Island Child Charitable Trust, Kai Collective, Kai for Communities, Kaikorai Kindergarten, Kaitahi - Point Chevalier, Kia Aroha College, Kiacollective Helensville, Kimi Ora Community School, Kingdom Community Hub, Leg Up Trust, Leith Valley Presbyterian Church, Loaves and Fishes, Love Ministries, Love Soup, Lowly Heart Charitable Trust, Luke St Otahuhu Transitional Housing, Mahitahi Trust, Mana Tahuna, Mangakino Foodbank, Mangere Budgeting Services Trust, Manukau City Baptist Church, Manukau Institute of Technology - SSTS, Mareanui Church, Mareanui School, Massey University Chaplaincy, Moana House, Monte Cecilia Housing Trust - Takanini, Monte Cecilia Housing Trust - Windrush Close, Morgan Educare Centre2, Mosgiel Central Kindergarten, Mosgiel Community Food Bank, MUMA Whanau Ora Services -Foodbank, New Zealand Police - Dunedin, Next Step Training, North East Valley Baptist Church, North East Valley Normal School, North East Valley Trust, North Shore Women's Centre, Northcote College, Northland Food Rescue. QUEENSTO

Nourished For Nil, NZ Welding Trades and Services, Oamaru Foodbank, Oceania Careers Academy,

WE WORK WITH 249 **RECIPIENT AGENCIES**

NORTH SHORE

UCKLAND

AWKE'S BAY

Onehunga Community Embracing Families and Homeless in Need, Opoho School, Orewa Baptist Church, Otago Mental Health Support Trust, Otago University Students Association (OUSA), Otahuhu Maori Wardens, Otara Blue Light, Otara Health Charitable Trust, Pacific Trust Otago, PACT - Apartment, PACT - Armitage, PACT - Balclutha, PACT - Forbury, Pakowhai School, Panmure Bridge School, Panmure Community Library, Panmure Early Learning Centre, Papakura Marae, Parent2Parent & Altogether Autism, Peterhead School, Pinehill School, Pioneer Trust - Port Chalmers, Point England Kindergarten, Point England School, Porangahau Maori Committee, Presbyterian Support Northern Foodbank, Presbyterian Support Otago, Project Bruce, Punavai o le Atamai Preschool, Quality Education Services (QES), Quality Education Services (QES) - Youth Services, Queenstown Playcentre, Rachel Reynolds Kindergarten, Ravensbourne School, RaWiri Residents Association, Reconnect Family Services Manukau, Recon-UNEDIN nect Family Services New Lynn, Reid Park Kindergarten, Richard Hudson Kindergarten, Richmond School, Ronald McDonald House Auckland, Roskill South Oasis, Ruapotaka Marae Incorporated Society, Salttrust, Sanctuary Catering, Sawyers Bay School, Senior Housing Residents, Servants Health Centre, Shakti New Zealand, Shine, Shore Vineyard Church, Silverstream South School, Solomon Group, Soup@Sidey (was Coastal Unity Parish), Sports Spasifik, St Bernadette's School, St Bernadette's School, St Columba Anglican Church Grey Lynn, St George Anglican Church Foodbank, St Mary's School, St Vincent de Paul Dunedin, St Vincent de Paul Foodbank Central Auckland, St Vincent de Paul Foodbank Otahuhu, Strive Community Trust - Transitional Housing, SuperGrans Dunedin Charitable Trust, Tahi Whanau, Tainui School, TAKI - Taokotaianga Apii Kuki Airani, Tamaki College, Tamaki Community Development Trust (TCDT), Tamaki Primary School, Taonga Teen Parent Unit, Te Hou Ora Whanau Services, Te Korowai Roopū Tautoko Inc - Whānau Development Services, Te Marama Hou Ministries Trust, Te Puna Hauora, Te Roopu Tautoko Ki Te Tonga, Te Ukaipo Mercy Initiatives for Rangatahi, The Cedar Centre, The Fono - Feleoko, The Fono - Manurewa, The Fono - North Shore, The Koha Shed - Hawkes Bay, The Koha Shed - West Auckland, The Otara Kai Village, The Pride Project Charitable Trust, The Rising Foundation Trust, The Salvation Army Dunedin, The Salvation Army Glenfield Foodbank, The Salvation Army Manukau Foodbank, The Salvation Army Napier, The Salvation Army Queenstown, The Salvation Army Rosedale, The UMMA Trust, The Village Community Services Trust, The Word MC, Three Sixteen Ministries, Transformation Academy, Tuilaepa Youth Mentoring Service (TYMS), Twin Cities Ministries, Unitec Student Council, United We Stand Waka of Caring, Vaka Tautua - Manukau, VisionWest Community Trust, Waihola District School, Waitakere College, Wakatipu Playcentre, Wakatipu Youth

Trust, Warkworth Christian Foodbank, Whangaparoa Baptist Church Foodbank, Wharariki Trust, Windsor Park Baptist Church, Women's Refuge.

RECIPIENT SPOTLIGHT

We spoke to a few of our Auckland recipients that remained open during the Christmas period to see what they had to say about the demand after a challenging 2020.

MUMA WHANAU SERVICES LTD

MUMA Whanau Services Ltd have been a recipient of our Auckland branch since 2015. We asked Veronica Henare, General Manager, how she found the demand for food support over Christmas:

We have always opened our Foodbank over the Christmas period ever since we started our Foodbank operations about 8-10 years ago, as we believe that time is when our vulnerable Whanau in South Auckland need us the most, especially at Christmas 2020.

The demand has dramatically increased compared to past years, which was exacerbated as a result of the impact of COVID-19 when a lot of our Whanau either lost their jobs altogether or had their hours dramatically reduced, which then gave rise to whanau requiring a greater need for food and our foodbank services.

We are so appreciative of the food we have been provided by KiwiHarvest and Auckland City Mission over Christmas, as without your support we could never have provided for our many Whanau in such great need, who were struggling so hard to provide for their families at this unprecedented COVID-19 Christmas.

LOVE SOUP

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Love Soup is a food rescue organisation based in Rosedale, Auckland. We spoke to Julie King about her operation over Christmas. Julie said demand more than doubled compared with 2019:

We normally work through Christmas, but this year we had a bigger team helping with the greater need we have been experiencing. We kept the foodbank going 4 days a week when in past years



RECIPIENT SPOTLIGHT

we would only be open for a day on the 2 weeks through Christmas and New Year. During certain periods we were as much as 6x busier. We desperately rely on any support we can get and we are thankful for the consistent on-going support KiwiHarvest have given us over the years, it's been a Godsend for many people, especially during 2020.



AUCKLAND WOMEN'S REFUGE

KiwiHarvest has been delivering food to Women's Refuge in Auckland since 2016 who have always remained open over Christmas. We spoke with one of their team (who would like to remain anonymous) about the demand they saw:

Most people were looking for support for domestic violence, their safety and food. With COVID-19 there was an increase in demand for the safe houses and food in the community. On behalf of our organisation - thank you to you all for the ongoing support during the year and Christmas time. Our families were happy to receive their food once a week, much appreciated.

Thank you to our more than 240 dedicated recipient agencies who work tirelessly throughout the year to ensure our communities are fed and well nourished. You do the work of angels!

RECIPIENT SPOTLIGHT

CROMWELL DELIVERIES

Down on the South Island in Queenstown we've been busy spreading our wings into neighbouring Cromwell. So far we have brought on 2 new recipients who are doing great things in their communityfirstly the Cromwell Youth Trust who work with local rangatahi, to give them skills and confidence as they develop into young adults, incorporating food nights and after school snacks as part of their work.

Secondly the Cromwell Foodbank who work on a referral basis with local social services to provide food parcels to individuals and families for 4-6 weeks at a time whilst supporting them to live an independent life and "get back on their feet".

We are currently trying to tap into the regions vast network of fruit growers to increase our rescue volumes as well as building relationships with local supermarkets to support our recipients. At this stage the Cromwell visits are weekly.



BRANCH PROFILE

AUCKLAND

KiwiHarvest Auckland launched in 2015, our second branch to open after Dunedin in 2012. Having operated from shipping containers in Ellerslie for a number of years, the Auckland site relocated to Highbrook Drive at the beginning of 2019 with the support of Goodman Foundation.

KiwiHarvest Auckland works with 114 recipient agencies including schools, marae, social service agencies, foodbanks, community groups; and has over 180 active food donors.

The Auckland-based team includes: Blandina Diamond (General Manager), Belinda Hughes (Account Relationship Manager), Marti Tarrant (Operations Manager), Sam Beaumont (Account Manager for Countdown), Katarina Piercy (Admin & Customer Service Assistant), Madi Walter (Comms & Admin Assistant), our Drivers - Seti Tuala and Peter Gerrard, Bernie Ngaha (Distribution Supervisor) and Mark Masoe (Warehouse Staff).





160,198KG OF FOOD DISTRIBUTED DEC 20/ JAN 21

457,708 MEAL EQUIVALENTS



FAIRGROW LAUNCH

In early December, members of the KiwiHarvest team attended the launch of Fairgrow, a charity created by T&G Fresh which aims to reduce food waste and increase food security in Aotearoa. There was an air of excitement at the event where waiata were sung by the Fairgrow and T&G Fresh teams to welcome guests onsite, and to celebrate the new charity.

It's estimated that one-third of kai produced for human consumption is lost or wasted globally (source: Food & Agriculture Organisation of the United Nations), a statistic mirrored here in Aotearoa (source: NZ Food Waste Champions 12.3). No grower wants to see their hard work go to waste and this brilliant initiative will reduce Aotearoa's contribution to the problem.

The partnership between Fairgrow and the New Zealand Food Network will help to reduce

oversupply in the regions where produce is grown, and help to provide a variety and a reliable supply of good healthy kai to where it is needed. The Kaupapa of the charity will see Fairgrow aggregate donated surplus produce from growers across Aotearoa, including what may have in the past gone unharvested. Via the New Zealand Food Network, this produce will then be redistributed to food hubs throughout the country.

As a food hub of the New Zealand Food Network, the KiwiHarvest team welcomes Fairgrow into the fold and looks forward to the positive impact the organisation will have for the people and the environment of Aotearoa.

Feed more. Waste less. Kai Atu



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VOLUNTEERING AT KIWIHARVEST

KEEN TO VOLUNTEER THIS YEAR?

We gladly welcome everyone from corporate groups to individuals to groups of family and friends - so get in touch if you're interested in lending a helping hand. We are currently looking for volunteers in four of our locations: Auckland, North Shore, Dunedin and Queenstown.

AUCKLAND hosts volunteers every Tuesday and Thursday, to assist with the repackaging of produce such as potatoes, carrots and kumara which we can then distribute to our recipient agencies. Closed in shoes are a must. The work involves lifting and carrying weights of up to 15kgs, and standing for long periods. For any new Volunteers, we hold a health and safety induction beforehand. Email **foodrescue@kiwiharvest.org.nz** to find out more.

NORTH SHORE volunteering involves van assisting 3 days a week with Dan. Any volunteer needs to have a good standard of physical fitness as there is heavy lifting involved. In the future there may also be a role for volunteers to sort and pack produce in our warehouse. Email janice.blomgren@kiwiharvest.org.nz to find out more.

QUEENSTOWN volunteers can usually find themselves doing a ride along with the driver that day, helping to sort, load collect and deliver food. A bit of heavy lifting is required. It's a great way to get out of the office with your team and do something a little different to help out in your community. Email **kayleigh.simons-smith@kiwiharvest.org.nz** to find out more.

DUNEDIN chips in about 40 volunteer hours over six days each and every week. Sleeves rolled up, our food rescue volunteers are drivers, collection & delivery assistants, produce sorters, data keepers, and darn good company!

Email rae.dehaan@kiwiharvest.org.nz to find out more.



LOOKING BACK ON 2020

January

• By the end 2019, KiwiHarvest had rescued just over 3.5 million kgs of food since 2012.

March

- COVID-19 Level 4 Lockdown takes place! As an essential service, KiwiHarvest stays open under new health and safety guidelines.
- Compared to March of 2019, food distribution was up 60% for KiwiHarvest.
- The Auckland branch gets their first of many new staff members.

July

August

- Since 2012, we have rescued 4,811,806kgs of food.
- Auckland goes back into lockdown.
- Luckily, our staff are well versed in this process and pick-up safety measures once to keep everyone safe.
- Dunedin hosts a Soup Day at Otago University to raise awareness of food waste.

October

- We celebrated World Food Day in an all-day social media event!
- AUT Class of Advanced Culinary students host 'Rescue the Flavour' to educate people on food waste in NZ and the money raised all going to KiwiHarvest.

December

- Kirihimete Koha ends! The public donated to us a total of 255kgs worth of Christmas hams, roast chickens, ice cream and more.
- As of the end of 2020, we had rescued just over 5.5 million kgs of food since 2012. Nearly 2 million kgs of food was rescued in 2020 alone.

February

April

May

June

 Wow, look at all these new staff members up in Auckland! The team has grown from 5 staff to 13!

September

- Dunedin and Queenstown move into new warehouses! Queenstown gain two new staff, Kayleigh, and Mel. We say farewell to Queenstown's Lucy.
- KiwiHarvest hosts its first ever webinar on the 29th in honour of the International Day of Awareness of Food Loss and Waste.
- KiwiHarvest are announced as finalists for the NZ Food Hero Awards!

November

- North Shore moves into their first warehouse since their establishment in 2017.
- We start our first ever Kirihimete Koha! Opening our doors to public to donate Christmas food for the holiday season.

INTERNATIONAL YEAR OF FRUITS & VEGETABLES

2021 has been named "International Year of Fruits and Vegetables" by FAO (Food and Agricultural Organisation of the United Nations). The UN's objectives with this theme include taking a closer look at how we can improve our sustainable food production systems, raise awareness of the importance of fruits and vegetables in our diets, enhance integration of nutrition education and improve food security.

SO WHAT CAN WE DO TO EMBED THESE OBJECTIVES IN OUR EVERYDAY LIVES?

- Eat seasonally and source local: focus on creating meals centred around produce that is in abundance that season. There's less waste because the distance travelled between grower and consumer is far less when produce is in season – so there's less chance for food to spoil or just not make it to its final destination. Go to a nearby farmers market to find locally grown food and you will be able to taste the difference too!
- If you're shopping at Countdown, use your consumer power to purchase the "Odd Bunch" bags of produce. These are the fruit and veg that (despite tasting just as good as the rest) didn't make the quality check as they were either too wonky, too small or blemished. This range is also cheaper!

#IYFV2021

See below for what's in season this month!





SHOUT OUT!

This month we would like to give a big thanks to one of supporters: We Compost. We Compost supply our HQ in Auckland with a compost wheelie bin (free of charge!) for any inevitable food waste we have - so that it can be disposed of sustainably, instead of going to landfill. We Compost provide an awesome service for commercial businesses, domestic households, and events. Thank you We Compost!

WASTE LESS - DINING OUT

In 2018, it was estimated that NZ cafes and restaurants throw out over 24,000 tonnes of food each and every year.

- Of that, 61% is avoidable food waste:
 - » 60% is preparation waste
 - » 7% is food spoilage
 - » 33% is plate waste from food customers didn't eat!

HEY! HOW CAN I REDUCE MY FOOD WASTE WHEN DINING OUT?

- 1. Take home your leftovers! Most places will give you a takeaway container if you ask nicely. You could even take your own containers with you.
- 2. Ask for smaller portions where possible some places offer half-portions or entree-sized mains.
- 3. Share the meal with your fellow diner! Either by finding a restaurant that encourages plate sharing or by asking for some side plates to come with your main courses.
- 4. Hold the extras it's tempting but turn down the offer of extra onion rings or bread rolls if you're unsure they're going to be eaten.
- Watch out at buffets! Often we can trick ourselves into loading our plates up with far too much. Serve smaller portions and go back for more if need be.

WHAT ELSE CAN I DO?

Support food waste-conscious businesses when dining and on social media! And, if you have the chance, encourage your local favourites to donate surplus food.





LOOKING FORWARD TO ...

The First KiwiHarvest COOKBOOK!

To be released in October 2021 including original recipes highlighting rescued and seasonal food as well as traditional preservation methods.

Thank you for your support! HELLO@KIWIHARVEST.ORG.NZ 0800 601 609

